



Piña Banana Smoothie

ingredients

1/2 cup coconut milk
1/2 cup plain or vanilla yogurt
1 medium banana
1 cup pineapple, chopped
1/4 cup shredded coconut
1 teaspoon vanilla extract
3/4 cup ice
1 tablespoon honey
2 tablespoons lime juice

directions

Put all of the ingredients into a blender, and blend until smooth.