

HOME



Remove stains from carpet

the spot to loosen the stain. For a boost, mix in baking soda and lightly rub the area with a soft toothbrush in circular motions.

To remove ink stains from plastic or vinyl, apply small amounts of coconut oil into the stain and buff in circular motions using a rag until the stain is removed.

Tip: Coconut oil can also be used to safely remove any residue left by stickers from plastic, glass, wood, and any other hard surface.

FURNITURE POLISH

Use coconut oil as a natural wood polish to prolong life and prevent cracking. Commercial furniture polish contain ingredients such as phenol and nitrobenzene, both of which have been proven to have damaging effects on your body.

To make a natural, affordable, and effective furniture polish, combine $\frac{1}{2}$ cup coconut oil with $\frac{1}{4}$ cup fresh lemon juice



Coconut oil used as a natural wood polish

in glass and stir. Using a soft polishing cloth, apply the mixture to any wooden surfaces in your home. Work with the grain to initially apply the polish and then buff the mixture into the surface.

STAIN REMOVER

Coconut oil can be used as an effective stain remover in carpets and upholstery. By switching from commercial stain removers to coconut oil, you can keep your home looking clean without any harmful ingredients.

To remove an ink or crayon stain from your carpet or upholstery, blot some coconut oil into

Tip: Be sure to dust any wooden surfaces before applying your natural polish!



Coconut oil to remove gum

REMOVE GUM

If you have gum stuck in your hair, apply a generous amount of coconut oil directly to the gum and let it sit for a minute or two before slowly sliding the gum out of your hair. Coconut oil is more pleasant to work with than peanut butter and there's the added bonus of some moisturizing treatment for your ends.

FIX A CAUGHT ZIPPER

To unstuck a caught zipper, apply some coconut oil along the length of both sides of the zipper using a cotton ball, cotton round, or your fingers. Gently work zipper until free.



Apply coconut oil to a stuck zipper

PREVENT DUST

To prevent dust accumulation on surfaces around your home, try coconut oil. Simply apply a small amount of coconut oil to any wooden, plastic, or cement surfaces using a paper towel or soft cloth. Let the oil dry and then wipe off any excess with a clean towel.



Coconut oil can prevent dust